

# Grand Autumn Bicycle Ride Across Kentucky

## GABRAKY 2007 – INFORMATION FOR CYCLISTS

September 21, 22, and 23 – Friday through Sunday

Total Miles 204 -224

Friday 60 miles – Saturday 69 or 89 miles – Sunday 75 miles

Kentucky Folklife Festival in Frankfort Friday evening



### Lodging.

Cyclists are responsible for their lodging during GABRAKY. Special rates have been arranged at the following places for the specified nights. Rooms are held under GABRAKY until September 1st.

**Thursday, September 20, Carrollton** – for cyclists who plan to arrive at the starting point the day before the ride.

Comfort Inn \$59 plus tax 502 732-6661

Days Inn \$44.99 plus tax 502 732-9301

### **Friday, September 21, Frankfort**

Capital Plaza Hotel \$74 plus tax 502 227-5100

Camping available Friday evening with showers and bathrooms. Write [Nancy753@starband.net](mailto:Nancy753@starband.net)

### **Saturday, September 22, Camp Acton/Campbellsville**

Camp Acton, a church camp with 10 comfortable rooms, 4 beds to a room. Shared baths/showers. Camping available. **\$20 includes bunk or campsite plus full dinner and breakfast. Priority for Camp Acton beds will be given to first registered.. Include payment for Camp Acton with GABRAKY registration.**

Holiday Inn \$68 plus tax 270 465-2727

Super 8 \$49.99 plus tax 270 789-0808

The ride on Saturday ends at Camp Acton. The hotels are in Campbellsville 8 miles away. Shuttles to the hotels will be provided Saturday after dinner and return to Camp Acton Sunday morning. Showers available at Camp Acton following the Saturday ride.

**The \$20 Camp Acton bunk/camping and meal package is recommended.**

### Meals

**Saturday dinner and Sunday breakfast** is included with the Camp Acton package. Cyclists not staying at Camp Acton will receive dinner at Camp Acton before being shuttled to their hotel. **Include \$15 dinner only payment with GABRAKY registration.**

**Sunday Brunch at Lindsey Wilson College** is included with the registration fee.

**Breakfast** is included with all the lodging options listed on this sheet.

### Shuttles and SAG Support

GABRAKY begins at Point Park on the Ohio River in Carrollton, Kentucky at 9:00 a.m. on Friday and ends at the Dale Hollow Lake Resort Lodge Sunday afternoon.

Cyclists are expected to arrange their own transportation to Carrollton Friday morning. Shuttle service from Frankfort to Carrollton for riders and bikes is available for \$10.

As needed, arrangement will be made for responsible drivers to shuttle private vehicles to Frankfort during the day on Friday. The vehicles will then be in Frankfort when cyclists return Sunday evening. The fee for this service is \$10. Safe parking in Frankfort provided.

Cyclists will be shuttled back to Frankfort after the ride Sunday afternoon. The fee for this service is \$30. In past years, many cyclists made arrangements for their own return transportation from Dale Hollow Lake.

**SAG support, scheduled food/beverage stops, and luggage transport are provided all 3 days.**

### T shirts and Jerseys

One T shirt is included with the registration fee. Additional T shirts may be ordered for \$18 each.

A very nice cycling jersey for GABRAKY 2007 is in the final stages of design. The design will be posted on [www.savethegrand.org](http://www.savethegrand.org) and emailed when it is finished.

American sizes for both T shirts and Jerseys are used according to the following chest-size chart.

SM(35-36) MD(38-40) LG(42-44) XLG(46-48)

For additional information 502 875-6611, email [Nancy753@starband.net](mailto:Nancy753@starband.net) or go to [www.savethegrand.org](http://www.savethegrand.org)